



UN Buddy First AID Course (UNBFAC)
Aide Memoire



United Nations

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Aide Memoire

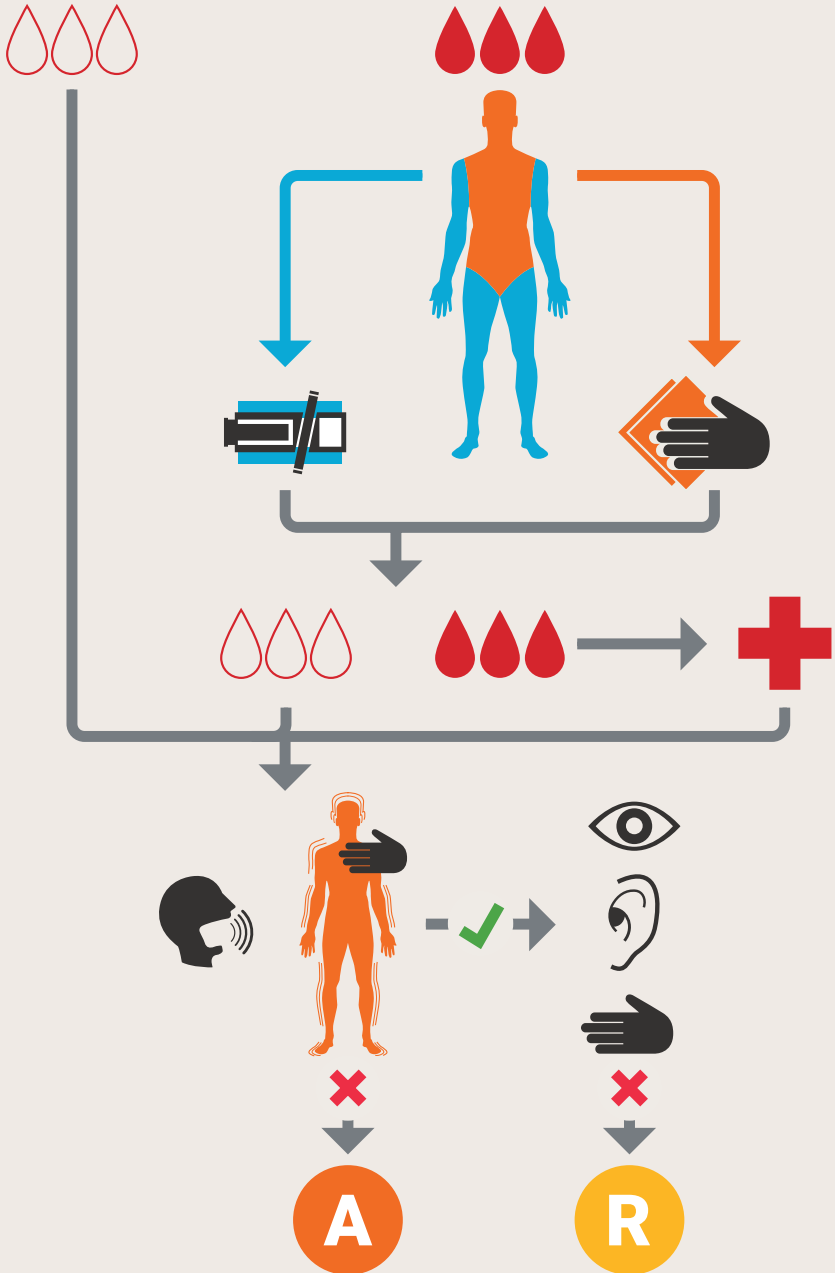
This Aide Memoire is to be used in support of the United Nations Buddy First Aid Course. The treatment pictograms are designed around the '**MARCH**' system of casualty care.

- M** Massive Bleeding
- A** Airway
- R** Respiration
- C** Circulation
- H** Heat/Cold Injuries

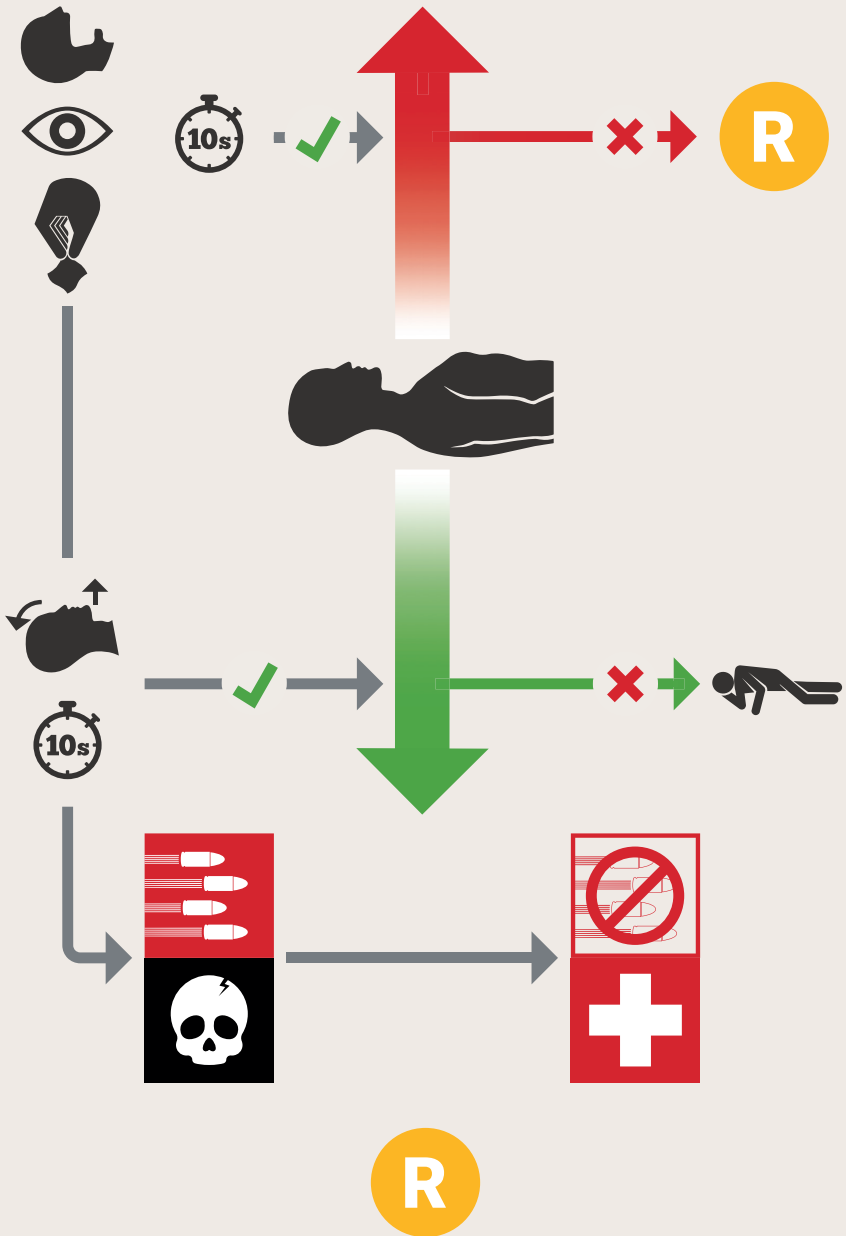
This aide memoire will assist the student in achieving a positive outcome for the casualty. It is to be used in treating injuries to the casualty in the immediate period following the incident; these will be the most life-threatening injuries. The complicated injuries that are beyond the scope of the UNBFAC trained rescuer or long-term definitive care need to be treated by a trained medical professional.

M

Massive Bleeding

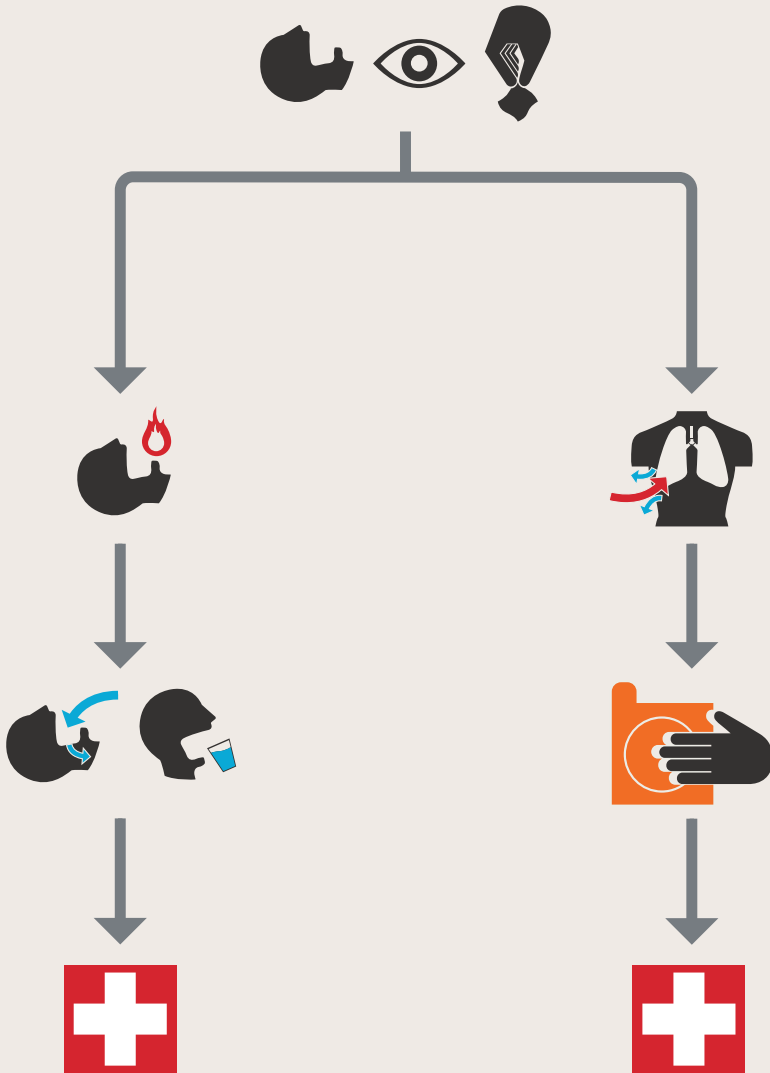


A Airway



R

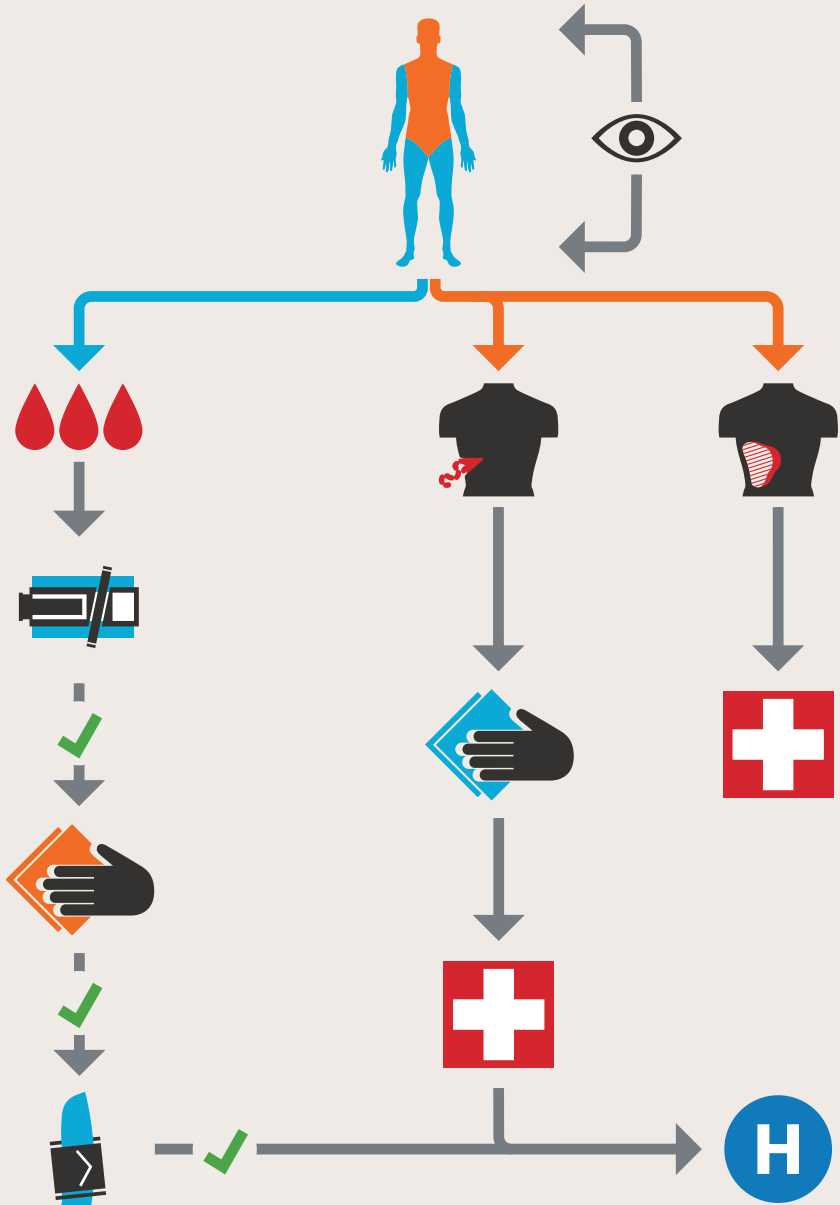
Respiration



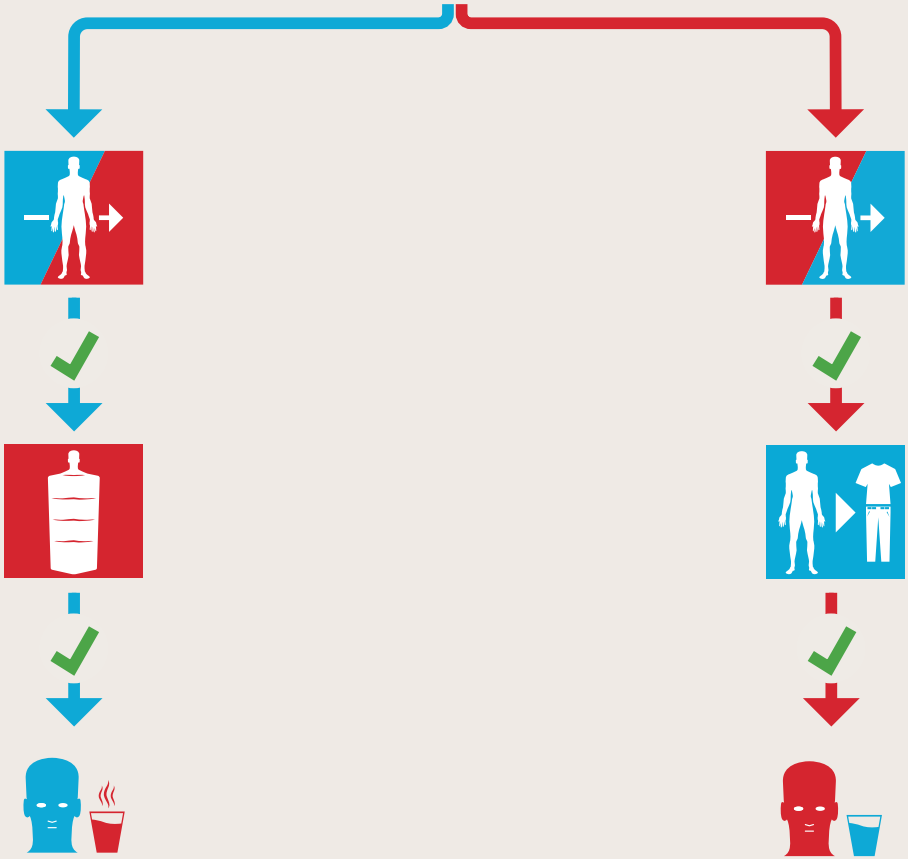
C

C

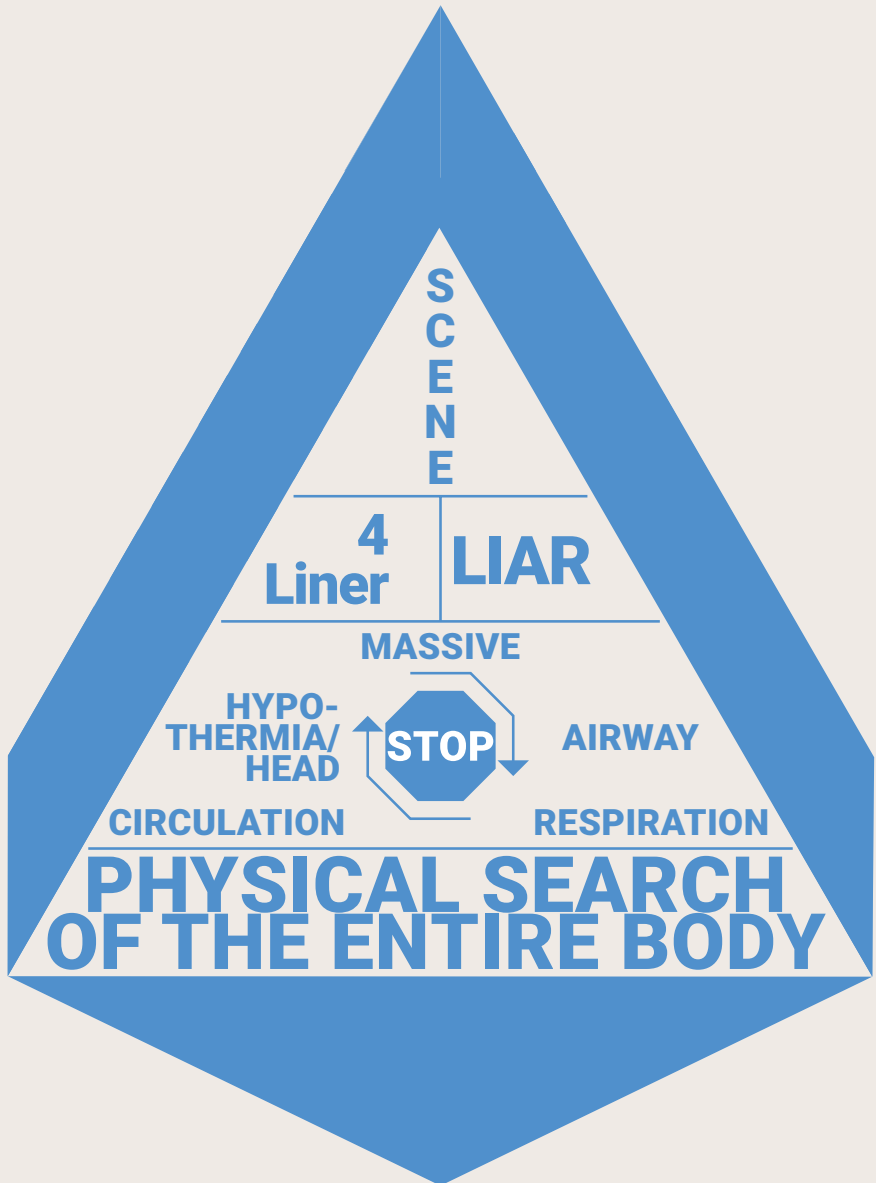
Circulation

















H Heat/Cold Injury



Treatment Triangle



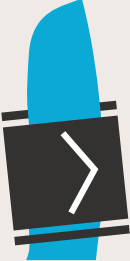


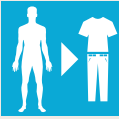





UNBFAC Legend

Icon	Trainee Notes	Icon	Trainee Notes
	No bleeding		Feel
	Bleeding		Team Medic
	Tourniquet		Open mouth
	Pack wound		Clear debris
	Shout		Lift & tilt head
	Look		10 seconds
	Listen		Recovery position

UNBFAC Legend

Icon	Trainee Notes	Icon	Trainee Notes
	Shake		Not under enemy fire, call for medic.
	Limb/Other		Cool airway
	Under enemy fire, casualty dead		Sucking chest wound
	Airway burn		Chest seal
			Wet dressing

UNBFAC Legend

Icon	Trainee Notes	Icon	Trainee Notes
	Dress wound		Heat/Cold injury
	Bruising		Remove clothing
	Abdominal wound		Cold drink
	Cold to Hot		Hot drink
	Hot to Cold		
	Keep warm		

Notes

Notes

Notes

